Product	Code	Cereals Containing Gluten	Nuts	Milk	Egg	Soya	Sulphite s >10ppm	Sesame	Peanuts	Lupin	Crustaceans	Molluscs	Fish	Celery	Mustard	Palm Oil RSPO
Almond Croissants	7250	WHEAT	ALMONDS			YES										YES
Apple & Blackcurrant Crumblejack	9025	WHEAT, OATS	ALMONDS													
Apple Crumble Bar	2264	WHEAT														
Apricot & Pistachio Frangipane	6022/ 6047		ALMONDS, PISTACHIOS	YES	YES											
Banana & Chocolate Loaf	5057/ 5058	WHEAT				YES										
Banana & Pecan Muffins	7258	WHEAT, OATS	PECANS, WALNUTS			YES										
Banoffee Traycake	4096	WHEAT		YES	YES	YES										YES
Belgian Chocolate Cruffin	7501	WHEAT		YES	YES	YES	YES									
Berry & Yoghurt Flapjack	2277	GLUTEN-FREE OATS		YES		YES										YES
Big Rock	2138	WHEAT		YES		YES										YES
Billionaire's Shortbread	2192	WHEAT		YES		YES										
Blackberry Crumble Doughnut	7704	WHEAT														
Blackberry Eton Mess	4114	WHEAT		YES	YES											
Blackcurrant Cheesecake Cruffin	7503	WHEAT		YES	YES											
Black Forest Torte	6050			YES	YES	YES										
Blood Orange & Raspberry Loaf	5067	WHEAT	ALMONDS	YES	YES											
Blueberry & Lime	6056		ALMONDS	YES	YES											
Blueberry Bakewell	2232	WHEAT	ALMONDS													YES
Blueberry Muffins	7255	WHEAT		YES	YES											
Burnt Basque Cheesecake	6024/ 6049			YES	YES											
Canelé	7203	WHEAT		YES	YES											
Cheddar, Marmite & Chive Scone	8042	WHEAT, BARLEY, OATS, RYE		YES	YES									YES		YES

Product	Code	Cereals Containing Gluten	Nuts	Milk	Egg	Soya	Sulphite s >10ppm	Sesame	Peanuts	Lupin	Crustaceans	Molluscs	Fish	Celery	Mustard	Palm Oil RSPO
Cherry & Almond Cake	6053	WHEAT	ALMONDS			YES										
Chilli Cheese Cornbread Muffins	7253	WHEAT		YES	YES											
Chocolate Orange Loaf	5070	WHEAT				YES										
Chocolate Orange Truffle	2203	GLUTEN-FREE OATS														YES
Chocolate, Hazelnut Praline Torte	6023/ 6048		ALMONDS, HAZELNUTS	YES	YES	YES										
Chocolate, Hazelnut Praline Torte BBE 24/06/2026 or after	6048		ALMONDS, HAZELNUTS		YES	YES										
Chocolate Hazelnut Crème Doughnut	7703	WHEAT	HAZELNUTS	YES		YES										YES
Churro Cookies	7405	WHEAT		YES	YES	YES										
Cinnamon Classic	8024	WHEAT, RYE				YES										YES
Clotted Cream Scones	7256	WHEAT		YES	YES		YES									
Coffee & Candied Pecan	5035	WHEAT	PECANS, WALNUTS			YES										YES
Coffee & Walnut Traycake	4116	WHEAT	WALNUTS	YES	YES											
Cookies & Cream	4103	WHEAT				YES										
Country Garden Traycake	4130	WHEAT		YES	YES											
Dark & Fruity Flapjack	9005	GLUTEN-FREE OATS														YES
Double Chocolate Cookies	7403	WHEAT				YES										
Double Chocolate Fudge Cake	4127	WHEAT				YES										
Dulce De Leche Cruffin	7502	WHEAT		YES	YES											
Earl Grey & Fruit Scones	7257	WHEAT				YES										
Easter Cake	4094	WHEAT	PISTACHIOS			YES										YES
Espresso Caramel Brownie	2100			YES	YES	YES										
Hazelnut Pain Au Chocolat	3500	WHEAT	ALMONDS, HAZELNUTS			YES										YES

We handle nuts, gluten, milk, soy, eggs, sulphites in our bakery. Source ingredient manufacturers may handle peanuts and sesame. We have steps in place to minimise cross-contamination, please ask if you would like details. Fish, crustaceans, molluscs, celery, mustard, and lupin are NOT handled on the premises (scones and muffins made on different premises). Palm oil is not an allergen, but has been added to list for ease. All palm oil is certified sustainable. This information is supplied as a guide only. Please refer to product packaging to confirm individual allergen data before use.

Product	Code	Cereals Containing Gluten	Nuts	Milk	Egg	Soya	Sulphite s >10ppm	Sesame	Peanuts	Lupin	Crustaceans	Molluscs	Fish	Celery	Mustard	Palm Oil RSPO
Honey Nut Crunch	2195	BARLEY, OATS	ALMONDS, HAZELNUTS	YES												
Honey & Bergamot Traycake	4078	WHEAT		YES	YES											
Honeycomb Rocky Road	2279	WHEAT		YES		YES										
Irish Cream Cruffin	7509	WHEAT		YES	YES											
Jaffa Cake Traybake	2266	WHEAT	ALMONDS			YES										
Lemon & Blueberry Loaf	5037 / 5043	WHEAT		YES	YES											
Lemon & Pistachio Blondie	2252	GLUTEN-FREE OATS	PISTACHIOS	YES	YES	YES										
Lemon & Yuzu Bar	2248			YES	YES		YES									
Lemon Curd Doughnut	7702	WHEAT		YES	YES											YES
Lemon Drizzle Traycake	4061	WHEAT		YES	YES											
Lemon, Raspberry & Pistachio Traycake	4110	WHEAT	PISTACHIOS	YES	YES		YES									
Malted Chocolate & Stout Torte	6029	WHEAT, OATS, BARLEY		YES	YES	YES										
Maple Flapjack	9001	OATS		YES												YES
Maple Flapjack - NEW RECIPE!	9026	GLUTEN-FREE OATS														
Marc de Champagne Truffle Traycake	4125	WHEAT				YES										
Milk Chocolate Chip Cookies	7400	WHEAT		YES	YES	YES										
Mini Egg Cookie Bar	2285	WHEAT, BARLEY		YES	YES	YES										
Mince Pie Bakewell	2259	WHEAT, BARLEY	ALMONDS			YES										
Mince Pie Crumble	2242	WHEAT, BARLEY, OATS														YES
Morello Cherry Blondie	2191	WHEAT		YES	YES	YES										
Mulled Apple Crumblecake	4073	WHEAT, OATS	PECANS													
Nutty Chocolate & Brandy Bar	2245		PECANS, ALMONDS, HAZELNUTS	YES	YES	YES										

LAST UPDATED: 01/07/25

Product	Code	Cereals Containing Gluten	Nuts	Milk	Egg	Soya	Sulphite s >10 ppm	Sesame	Peanuts	Lupin	Crustaceans	Molluscs	Fish	Celery	Mustard	Palm Oil RSPO
Orange & Dark Chocolate Loaf	5066	WHEAT		YES	YES	YES										
Pastel de Nata	7201	WHEAT		YES	YES											
Passionfruit & White Chocolate Traycake	4109		ALMONDS	YES	YES	YES										
Passionfruit Ripple Traycake	4136	WHEAT		YES	YES											
Peach Melba Loaf	5069		ALMONDS		YES											
Pineapple & Cherry Round	6046		ALMONDS													
Pistachio Creme Cookies	7402	WHEAT	PISTACHIOS	YES	YES	YES										
Pistachio Cruffin	7500	WHEAT	PISTACHIOS	YES	YES											
Plum, Ginger & Chai Cake	6044	WHEAT	ALMONDS, HAZELNUTS	YES	YES											
Pumpkin Spiced Loaf	5048	WHEAT														
Pumpkin Spiced Sticky Buns	8037	WHEAT, RYE				YES										YES
Queen Vic Traycake	4028	WHEAT		YES	YES											YES
Raspberry & Almond Muffins	7259	WHEAT	ALMONDS	YES	YES											
Raspberry & Cardamom Milk Cake	4108	WHEAT		YES	YES											
Raspberry & Matcha Cheesecake Blondie	2287	WHEAT		YES	YES	YES										
Raspberry & Pistachio Traycake	4124	WHEAT	PISTACHIOS			YES										
Raspberry & White Chocolate Cookies	7404	WHEAT		YES	YES	YES										
Raspberry & White Choc Doughnut	7701	WHEAT														YES
Raspberry Bakewell	2222		ALMONDS	YES	YES											
Raspberry Cheesecake Brownie	2215	WHEAT		YES	YES	YES										
Rhubarb & Custard Blondie	2213	WHEAT		YES	YES	YES										
Salted Caramel Brownie	2065	WHEAT		YES	YES											

Product	Code	Cereals Containing Gluten	Nuts	Milk	Egg	Soya	Sulphite s>10ppm	Sesame	Peanuts	Lupin	Crustaceans	Molluscs	Fish	Celery	Mustard	Palm Oil RSPO
Sicilian Lemon & Olive Oil	6054		ALMONDS	YES	YES											
Single Origin Brownie - Equadorian	4095		ALMONDS	YES	YES	YES										
Sea Salt Single Origin Brownie - Tanzanian	2247		ALMONDS	YES	YES											
Sir Choc-A-Lot Traycake	4048	WHEAT				YES										
Sticky Baklava Buns	8048	WHEAT, RYE	PISTACHIOS, WALNUTS			YES										
Sticky Banana, Caramel & Pecan Buns	8054	WHEAT, RYE	PECANS			YES										
Sticky Buns with Biscoff® biscuit crumbs	8044	WHEAT, RYE				YES										
Sticky Cardamom & Orange Buns	8055	WHEAT, RYE				YES										
Sticky Dark Chocolate Buns	8046	WHEAT, RYE				YES										
Sticky Ginger Traycake	4113	GLUTEN-FREE OATS		YES	YES											
Sticky Gingerbread Buns	8049	WHEAT, RYE				YES										
Sticky Lemon Drizzle Buns	80560	WHEAT, RYE				YES										
Sticky Maple Pecan Pie	6027/ 6051	WHEAT	PECANS, HAZELNUTS			YES										
Sticky Toffee with Biscoff® spread	4087	WHEAT				YES										YES
Stollen Sticky Buns	8038	WHEAT, RYE	ALMONDS, PISTACHIOS			YES										YES
Strawberry Shortcake Bar	2291	WHEAT														
Sourdough Treacle Tart	2258	WHEAT, RYE				YES										
Sun Dried Tomato & Black Olive Scones	8043	WHEAT		YES	YES											YES
Super Dark Brownie	2043	WHEAT														
Super Granola	9024	GLUTEN-FREE OATS	ALMONDS, HAZELNUTS				YES									YES
Sweet Onion & Cheddar Muffins	8040	WHEAT		YES	YES		YES								YES	

Product	Code	Cereals Containing Gluten	Nuts	Milk	Egg	Soya	Sulphite s >10ppm	Sesame	Peanuts	Lupin	Crustaceans	Molluscs	Fish	Celery	Mustard	Palm Oil RSPO
Tiramisu Traycake	4098	WHEAT		YES	YES											
Toasted Coconut & Dark Choc Flapjack	9013	GLUTEN-FREE OATS														YES
Toffee Apple Blondie	2241	WHEAT		YES	YES	YES										
Toffee Crispy	2197	WHEAT, BARLEY		YES		YES										
Ultimate Almond Brownie	2082		ALMONDS		YES											
Ultimate Brownie	2001	WHEAT		YES	YES	YES										
Ultimate Carrot Traycake	4065	WHEAT	WALNUTS, HAZELNUTS			YES										YES
White Chocolate & Hazelnut Cookies	7401	WHEAT, BARLEY	HAZELNUTS	YES	YES	YES										
White Chocolate & Salted Caramel	7406	WHEAT		YES	YES	YES										
White Chocolate Red Velvet	4104	WHEAT	HAZELNUTS	YES	YES	YES										
Winter Spiced Fruit Cake	4099	WHEAT	PISTACHIOS, ALMONDS			YES										YES