

CAKESMITHS ALLERGENS GUIDE

We handle nuts, gluten, milk, soy, eggs, sulphites in our bakery. Source ingredient manufacturers may handle peanuts and sesame. We have steps in place to minimise cross-contamination, please ask if you would like details. Fish, crustaceans, molluscs, celery, mustard, and lupin are **NOT** handled on the premises (savoury scones and muffins made on different premises). Palm oil is not an allergen, but has been added to list for ease. All palm oil is certified sustainable. This information is supplied as a guide only. Please refer to product packaging to confirm individual allergen data before use.

Product	Code	Cereals Containing Gluten	Nuts	Milk	Egg	Soya	Sulphites >10ppm	Sesame	Peanuts	Lupin	Molluscs	Fish	Celery	Mustard	Palm Oil RSPO
Almond Croissants	7250	WHEAT	ALMONDS			YES									YES
Apple & Blackcurrant Crumblejack	9025	WHEAT, OATS	ALMONDS												
Apricot & Pistachio Frangipane	6022		ALMONDS, PISTACHIOS	YES	YES										
Banana & Chocolate Loaf	5057/ 5058	WHEAT				YES									
Banoffee TrayCAKE	4076	WHEAT		YES	YES	YES									YES
Big Rock	2138	WHEAT, BARLEY		YES		YES									YES
Billionaire's Shortbread	2192	WHEAT		YES		YES									
Black Olive & Sundried Tomato Scones	8043	WHEAT		YES	YES										YES
Blood Orange & Raspberry Loaf	5067	WHEAT	ALMONDS	YES	YES										
Blueberry Bakewell	2232	WHEAT	ALMONDS												YES
Blueberry Muffins	7255	WHEAT		YES	YES		YES								
Burnt Basque Cheesecake	6024			YES	YES										
Cardamom Bun	8035	WHEAT, RYE				YES									YES
Cheddar, Marmite & Chive Scone	8042	WHEAT, BARLEY, OATS, RYE		YES	YES								YES		YES
Cheddar & Sweet Pepper Muffins	8041	WHEAT		YES	YES									YES	
Chilli Cheese Cornbread Muffins	7253	WHEAT		YES	YES										
Chocolate Orange Truffle	2203	GLUTEN-FREE OATS					YES								YES
Chocolate, Hazelnut & Praline Torte	6023		ALMONDS, HAZELNUTS	YES	YES	YES									
Cinnamon Classic	8024	WHEAT, RYE				YES									YES
Coffee & Candied Pecan	5035	WHEAT	PECANS, WALNUTS			YES									YES
Cookies & Cream	4103	WHEAT				YES									
Dark & Fruity Flapjack	9005	GLUTEN-FREE OATS													YES
Double Chocolate Vegan Cookies	7403	WHEAT				YES									

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Dulce De Leche Cruffin	7502	WHEAT		YES	YES										
Easter Cake	4094	WHEAT	PISTACHIOS			YES									YES
Espresso Caramel Brownie	2100			YES	YES	YES									
Hazelnut Pain Au Chocolat	3500	WHEAT	ALMONDS, HAZELNUTS			YES									YES
Honey Nut Crunch	2195	BARLEY, OATS	ALMONDS, HAZELNUTS	YES											
Honey & Bergamot TrayCAKE	4078	WHEAT		YES	YES										
Hummingbird TrayCAKE	4097	WHEAT				YES	YES								YES
Lemon & Blueberry Loaf	5037 / 5043	WHEAT		YES	YES										
Lemon Drizzle TrayCAKE	4061	WHEAT		YES	YES		YES								
Lemon Sticky Bun	8033	WHEAT, RYE		YES	YES	YES	YES								YES
Lemon Tart	6034	WHEAT		YES	YES		YES								
Maple Flapjack	9001	OATS		YES											YES
Malted Chocolate & Stout Torte	6029	WHEAT, OATS, BARLEY		YES	YES	YES									
Milk Chocolate Chip Cookies	7400	WHEAT		YES	YES	YES									
Mince Pie Crumble	2242	WHEAT, BARLEY, OATS													YES
Morello Cherry Blondie	2191	WHEAT		YES	YES	YES									
Mulled Apple CrumbleCAKE	4073	WHEAT, OATS	PECANS												
Nutty Chocolate & Brandy Bar	2245		PECANS, ALMONDS, HAZELNUTS	YES	YES	YES									
Orange & Dark Chocolate Loaf	5066	WHEAT		YES	YES	YES									
Pastel de Nata	7201	WHEAT		YES	YES										
Pink Grapefruit & Poppyseed Loaf	5062	WHEAT		YES	YES										
Pistachio Creme Cookies	7402	WHEAT	PISTACHIOS	YES	YES	YES									
Pistachio Cruffin	7500	WHEAT	PISTACHIOS	YES	YES										

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Plum, Ginger & Chai Cake	6044	WHEAT	ALMONDS, HAZELNUTS	YES	YES										
Pumpkin Spiced Sticky Buns	8037	WHEAT, RYE				YES									YES
Queen Vic TrayCAKE	4028	WHEAT		YES	YES										YES
Raspberry Bakewell	2222		ALMONDS	YES	YES										
Raspberry Cheesecake Brownie	2215	WHEAT		YES	YES	YES									
Rhubarb & Custard Blondie	2213	WHEAT		YES	YES	YES									
Ruby Dainty	2209		ALMONDS	YES	YES	YES									
Salted Caramel Brownie	2065	WHEAT		YES	YES										
Single Origin Brownie - Equadorian	4095		ALMONDS	YES	YES	YES									
Sea Salt Single Origin Brownie - Tanzanian	2247		ALMONDS	YES	YES										
Sir Choc-A-Lot TrayCAKE	4048	WHEAT				YES									
Sticky Buns with Biscoff® biscuit crumbs	8044	WHEAT, RYE				YES									
Sticky Maple Pecan Pie	6027	WHEAT	PECANS, HAZELNUTS			YES									YES
Sticky Toffee with Biscoff® spread	4087	WHEAT				YES									YES
Stollen Sticky Buns	8038	WHEAT, RYE	ALMONDS, PISTACHIOS			YES									YES
Super Dark Brownie	2043	WHEAT													
Super Granola	9024	GLUTEN-FREE OATS	ALMONDS, HAZELNUTS				YES								YES
Sweet Onion & Cheddar Muffins	8040	WHEAT		YES	YES		YES							YES	
The Fix	2133	GLUTEN-FREE OATS	ALMONDS, PISTACHIOS				YES								
The Coronation Cake	4093	WHEAT	HAZELNUTS	YES	YES										
Tiramisu TrayCAKE	4098	WHEAT		YES	YES										
Toasted Coconut & Dark Choc Flapjack	9013	GLUTEN-FREE OATS													YES
Toffee Apple Blondie	2241	WHEAT		YES	YES	YES									

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Toffee Crispy	2197	WHEAT, BARLEY		YES		YES									
Triple Citrus Polenta	6037		ALMONDS	YES	YES										
Ultimate Almond Brownie	2082		ALMONDS		YES										
Ultimate Brownie	2001	WHEAT		YES	YES	YES									
Ultimate Carrot TrayCAKE	4065	WHEAT	WALNUTS, HAZELNUTS			YES									YES
White Chocolate & Hazelnut Cookies	7401	WHEAT, BARLEY	HAZELNUTS	YES	YES	YES									
White Chocolate Red Velvet	4104	WHEAT	HAZELNUTS	YES	YES	YES									
Winter Bakewell	2204	WHEAT	ALMONDS			YES									YES
Winter Spiced Fruit Cake	4099	WHEAT	PISTACHIOS, ALMONDS			YES									YES